

JAMES CAMBELL PRIMARY SCHOOL



 **V: Vegetarian**
 **VE: Vegan**



WEEK ONE



WEEK TWO

AVAILABLE DAILY
Sandwich Selection and Jacket Potatoes
Available (V/VE options),
Freshly Baked Bread (VE),
Seasonal Fresh Fruit,
Low fat Yoghurts
Locally sourced salad bar (VE)

HAPPY MONDAY

MAINS
Seasonal Butternut Squash and Spinach Curry Served with 50/50 Rice (VE) 
Halal and Non-Halal BBQ Chicken Served with 50/50 Rice (VE) 
PASTA
Pasta & Tomato Sauce (VE) 
SIDE
Peas and Sweetcorn (VE)
DESSERT
Smoothie Ice Cream (VE)

MAINS
Halal and Non-Halal Sizzle Sausages
Veggie Sizzle Sausage Served with Root Mash Potato (V) 
PASTA
Pasta & Tomato Sauce (VE)
SIDE
Wilted Greens & Sweetcorn (VE)
DESSERT
Smoothie Ice Cream (V)

TUESDAY PASTA KING



MAINS
Zig Zag Lasagne (V) 
Halal and Non-Halal Pomodoro Spaghetti Meatballs
PASTA
Pasta & Tomato Sauce (VE) 
SIDE
Carrots and Broccoli (VE)
DESSERT
Berries Jelly Trifle (V)

MAINS
Wholesome Mac & Cheese (V) 
Halal and Non-Halal Sticky Beef with Carrot Rice
PASTA
Pasta & Tomato Sauce (VE) 
SIDE
Baked Garlic Broccoli (VE)
DESSERT
Peach Jelly Trifle (V)

GO GREEN WEDNESDAY



MAINS
Crispy Margherita Pizza (V) 
Crunchy Winter Crumble (VE) 
PASTA
Pasta & Tomato Sauce (VE) 
SIDE
Sweetcorn (V)
DESSERT
Carrot Biscuit (V)

MAINS
Crispy Sweetcorn Pizza (V) 
Bean and Sweet Potato Ragu (VE) 
PASTA
Pasta & Tomato Sauce (VE) 
SIDE
Vegetable Medley (VE)
DESSERT
Sticky Date Cookie (VE)

THURSDAY ROAST



MAINS
Roast Mediterranean Vegetable & Falafel Wrap (VE) 
Halal and non-Halal Traditional Roast Chicken
PASTA
Pasta & Tomato Sauce (VE) 
SIDE
Roast Potatoes (VE), Cauliflower (VE), Yorkshire Pudding (VE), Gravy (VE)
DESSERT
Banana Cake (V)

MAINS
Golden Crunchy Roasted Squash Fillet (VE) 
Halal and Non-Halal Traditional Roast Chicken
PASTA
Pasta & Tomato Sauce (VE) 
SIDE
Roast Potatoes (VE), Cauliflower (VE), Yorkshire Pudding (VE), Gravy (VE)
DESSERT
Chocolate & Pear Cake (V)

FRIDAY FUN DAY



MAINS
Ultimate Veggie Cheesy Flan (V) 
Classic Battered Fish
PASTA
Pasta & Tomato Sauce (VE) 
SIDE
Oven Baked Chips (VE), Peas (VE), Curry Sauce (VE)
DESSERT
Fresh Fruit (VE) Selection of Yogurt (V)

MAINS
Hearty Cheese & Leek Pie (V) 
Classic Fish Finger
PASTA
Pasta & Tomato Sauce (VE) 
SIDE
Oven Baked Chips (VE), Peas (VE), Curry Sauce (VE)
DESSERT
Fresh Fruit (VE) Selection of Yogurt (V)