



## Whitsun Camps (Multisports)

**To Register:**

<https://bit.ly/WhitCamp>

Places are limited - First come, first served.  
Successful applicants will be notified by email.

### AIMS & OBJECTIVES

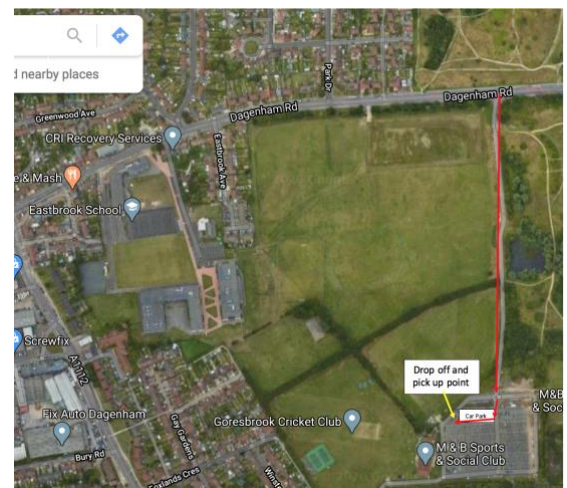
**FUN, FITNESS, SELF AWARENESS, TEAMWORK, LIFE SKILLS, PERSONAL SKILLS, COMMUNICATION, STEPPING OUT OF COMFORT ZONES, MAKING FRIENDS, BUILDING CONFIDENCE, HEALTHY LIFESTYLES, HEALTHY EATING AND MORE, BUT THE MOST IMPORTANT OF ALL IS ABOUT HAVING FUN.**

### Information for Parents

**Location:** May and Bakers Sports Ground,  
Dagenham Road, Romford, RM7 0QX

Access for cars, etc is via the Dagenham Road entrance. Pedestrians can enter from the road opposite the Dagenham Police Station, next to Dagenham East Underground Station.

On arrival, please wait in the car park, adjacent to the M&B Clubhouse.



**Dates:** Monday 30th May, Tuesday 31st May & Wednesday 1st June 2022

**Timings:** Both camps will start at 1000 and finish at 1500.  
Please arrive in time to allow a prompt start, but no earlier than 0945.  
Please be ready to collect your child(ren) at 1500.

**Food & Drink:** Drinking water and squash will be available and the children must bring their own labelled drink bottle. Lunch is not provided. No food is for sale. Everyone must bring their own lunch and snacks.

**Medication:** Any medication, epi pens, etc should be given to the Lead Coach on arrival.

**Clothing:** The children must be suitably dressed for the activities and the weather. They should bring a towel, a change of clothes, a hat, spare footwear to wear indoors if wet outside. They should be equipped for dry, wet, cold, and hot conditions, just in case. Hopefully they will need to bring sunscreen on at least one day! Trainers for all multi-sports activities.

**COVID 19:** Parents MUST check each morning that their child(ren) is not displaying any signs or symptoms of COVID 19. If they are, you must keep them at home and let the Trust know by texting 07444405347 as soon as possible.

**Staff:** All the Trust staff are CRB checked and they will be supported throughout the week by members of the Metropolitan Police Task Force from Chadwell Heath and the Local Neighbourhood Safety Team. All our visitors will be actively joining in, running workshops and activities throughout the four days.

**Equipment:** All equipment is provided, except for clothing and footwear.

**Social Media:** Photographs and articles will appear in social media through various platforms, including Twitter, Facebook, and Instagram.

**First Aid:** Most, if not all, of the adults in attendance are First Aid trained, DBS checked and used to working with young people in some form or another.

**Activities:** At some part of each day all the children will come together for breaks, lunch, workshops, and some fun activities which promote the characteristics outlined at the top of this letter. All people, all sports people, require a combination of all those characteristics to perform to the best of their ability.

The Trust coaches and the Metropolitan Police Officers will work with the young people using a wide variety of different games, sports, and problem-solving fun activities to encourage the children to develop and acquire a collection of new skills and abilities.

The aim is to change attitudes, change performance, change hearts, change skill levels, and change lives, but having fun in the process.

**Contact:** In an emergency, or if you have been delayed, please call 07444405347.

## Funded by the National League Trust

