

James Cambell Primary School



Monthly Primary Newsletter

We believe to achieve for a brighter tomorrow.

27th March 2020



Issue number:2

Our school values: **Respect. Honesty. Responsibility. Equality. Resilience.**

MESSAGE FROM THE HEADTEACHER

The world is a very different place from when I sent out my first newsletter as Headteacher just a month ago.

At the same time as having to change your lifestyle to avoid the spread of coronavirus (COVID 19), you are also having to support your child's learning at home.

This can be very challenging, but I can reassure you that you are not alone. We are here to help. This week's work schedule is now on the children's pages of the school website. Please do not hesitate to email your class teacher if you have any questions about the work that has been set.

Next Monday is the start of the Easter holidays so we won't be sending a work schedule out next week, but you can still find lots of projects and activities on our website.

We would also love you to email us photos of the work that your children have completed.

In this issue of the newsletter, you can find:

- Top tips for home learning
- Other activities you can try with your children
- Advice on keeping your children safe on the Internet
- An update on services provided by the London Borough of Barking and Dagenham
- How to keep in contact with the school during the closure
- A reminder on food for children entitled to Pupil Premium

I understand that this is a very difficult time for everyone and, on behalf of all the staff at James Cambell, I would like to wish you and your family all the best and hope that you are keeping safe and well.

Joe Wilson

Headteacher

Providing food to children eligible for Pupil Premium

We are providing free food packages to all children who are eligible for the Pupil Premium. These are available in the Key Stage 2 playground from 8.45am to 9.10am every Tuesday.

For further details, please telephone the school office or email office@jamescambellprimary.org.uk



TOP TIPS FOR HOME LEARNING

KEEP A TIMETABLE WHEREVER POSSIBLE

- Create and stick to a routine if you can. This is what children are used to. For example, eat breakfast at the same time and make sure they're dressed before starting the 'school' day – avoid staying in pyjamas
- Involve your children in setting the timetable where possible. Agree what time they will complete their English, maths, exercise etc. It will give them ownership.
- Try to keep to the timetable, but be flexible. If a task is going well or they want more time, let it extend where possible.
- If you have more than one child at home, consider combining their timetables. For example, they might exercise and do maths together – see what works for your household.
- Make a working space for your children if possible, and at the end of the day have a clear cut-off to signal school time is over.
- Stick the timetable up on the wall so everyone knows what they should be doing when, and tick activities off through the day.
- Distinguish between weekdays and weekends (and Easter holidays), to separate home life from school life.

BE REALISTIC ABOUT WHAT YOU CAN DO

- You're not expected to become teachers and your children aren't expected to learn as they do in school. But providing your children with some structure and work will really help them when they return to school
- Change the routine if it isn't working. Think about what's working and what isn't – and ask what your children think.
- Share the load if there are two parents at home.
- Take care of your own health and wellbeing. You need to take breaks too.

Make time for exercise and breaks throughout the day

- Think about starting each morning with a PE lesson at 9.00am with Joe Wicks.
- If you have a garden, use it regularly. If you don't, try to get out once a day as permitted by the government (households can be together outdoors, but two metres apart from others).
- Get your children to write in a diary what they did each day – this can be a clear sign that the 'school' day has ended.

KEEPING SAFE ON THE INTERNET

With children likely to be spending more time on the Internet, you will need to ensure that your children are safe on the Internet.

To do this, our advice is that you:

- Agree boundaries – be clear what your child can and can't do online (most social media sites, for example, are not suitable for primary age children).
- Explore together – ask your child to tell you about what they do online and show you what sites they like to visit.

Top Tips For Home Learning cont ...

- Put yourself in control - install parental controls on your home broadband and any internet enabled devices. Set up a user account for your child on the main device they use and make sure other accounts in the household are password-protected so that younger children can't access them by accident.
- Use airplane mode - use airplane mode on your devices when your child is using them so they can't make any unapproved purchases or interact with anyone online without your knowledge.
- Stay involved – ask your child to use the Internet in the lounge or kitchen so you can keep an eye on how they're using the internet and also share in their enjoyment.
- Talk to older brothers and sisters - it's also a good idea to talk to any older children about what they're doing online and what they show to younger children. Encourage them to be responsible and help keep their younger siblings safe.
- Search safely - use safe search engines such as Swiggle or Kids-search. You can save time by adding these to your 'Favourites'. Safe search settings can also be activated on Google and other search engines, as well as YouTube.
- Check if it's suitable - the age ratings that come with games, apps, films and social networks are a good guide to whether they're suitable for your child. For example, the minimum age limit is 13 for several social networking sites, including Facebook and Instagram.

Further advice and websites to help parents keep their children safe can be found on the school's website.

ACTIVITIES YOU CAN TRY WITH YOUR CHILDREN

While the school is closed, try to make time for other activities with your children. These are a few ideas (but we're sure you have loads of others):

- Helping you cook and bake
- Writing postcards to their grandparents or other family members
- Giving them chores to do so they feel more responsible
- Asking grandparents to listen to your children read on FaceTime (or asking grandparents to read to younger children)
- Listening to David Walliams read a story every day at 11.00am on <https://www.worldofdavidwalliams.com/elevenses/>
- Streaming the Amazon collection of stories (this is free while schools are closed)

You may need to accept that your children will probably watch more TV and spend more time on electronic devices while the school is closed. That is fine, but you might want to set and agree some screen time limits – and ensure that children are using the Internet safely.

Contacting the school during the closure

Providing work to the children

While the school is closed, we will continue to make every effort to ensure that your child's education is supported.

We will therefore be providing weekly tasks in maths, English and foundation subjects on the school website. These will be found on the children's page on the website at http://www.jamescambell.com/?page_id=4444. A text will be sent to parents when these tasks are updated. This webpage also contains a list of other useful education websites and activities.

Each year group has a dedicated email address for children, parents and carers. Please use the email addresses if you need clarification on a particular piece of work that has been set by the class teacher.

Nursery	nursery@jamescambellprimary.org.uk
Reception	reception@jamescambellprimary.org.uk
Year 1	year1@jamescambellprimary.org.uk
Year 2	year2@jamescambellprimary.org.uk
Year 3	year3@jamescambellprimary.org.uk
Year 4	year4@jamescambellprimary.org.uk
Year 5	year5@jamescambellprimary.org.uk
Year 6	year6@jamescambellprimary.org.uk
Cambell Primary Centre (CPC)	cpc@jamescambellprimary.org.uk



Remember to wash your hands regularly!

Update from LBBD



Service	Update
Community Food Clubs	Community food clubs remain open in the BLC, William Bellamy and Sue Bramley Children's Centres, and can be reached via the following email addresses: <ul style="list-style-type: none"> William Bellamy Community Food Club: cfc.wbcc@lbbd.gov.uk Sue Bramley Community Food Club: Cfc.sb@lbbd.gov.uk Barking Learning Centre Community Food Club: Cfc.blc@lbbd.gov.uk
Homes and Money Hub	The Homes and Money Hub team, providing support with access to benefits, debts and housing are still on hand to support residents online and by phone. They can be reached on 020 8724 2115 or at homesandmoneyhub@lbbd.gov.uk .
Housing and Homelessness	John Smith House has closed, but our housing and homelessness services have moved to online and phone service provision. They can be reached on 020 8724 8323 or at housingadvice@lbbd.gov.uk
Libraries	All our libraries have now closed, but our Home Library service will be delivering to residents' houses from next week. The Home Library Service can be reached via specialistservices@lbbd.gov.uk .
Children's Centres	Our children's centres at Becontree, Gascoigne, Leys, Marks Gate, Sue Bramley and William Bellamy are open for antenatal and postnatal appointment provision only. Abbey Nursery is closing from Wednesday but will open on Friday for the ante-natal clinic. Our children's centres can be reached via the following addresses: <ul style="list-style-type: none"> Becontree Children's Centre: becontreechildrenscentre@lbbd.gov.uk Gascoigne Children's Centre: gascoignechildrenscentre@lbbd.gov.uk Leys Children's Centres: leyschildrenscentre@lbbd.gov.uk Marks Gate Children's Centre: marksqatechildrenscentre@lbbd.gov.uk Sue Bramley Children's Centre: sue.bramleycentre@lbbd.gov.uk William Bellamy Children's Centre: williambellamychildrenscentre@lbbd.gov.uk
Parks	Our parks remain open but we are installing signage this week to remind people stick to the social distancing guidance. And we are closing play areas and other facilities like outdoor gyms that make social distancing more difficult.
The Markets	The markets of the Borough have now closed.
Erizlands Refuse Deposit site	The refuse deposit site at Erizlands Lane is closed to the public.
The Adult College	The Adult College has closed but its services are available online, as is enrolment in these courses. You can call on 020 8270 4722 or email helpdesk@adultcollege.bardaglea.org.uk .
The Job Shops	The Job Shop buildings are closed, but our services will continue to operate digitally both online and by phone. They can be contacted: <ul style="list-style-type: none"> Via email on barkingjobshop@lbbd.gov.uk, dagenhamjobshop@lbbd.gov.uk or construction@lbbd.gov.uk On the phone for Barking on 020 8724 8877 or Dagenham on 020 8227 2809.
Eastbury Manor House and Valence House	Eastbury Manor House, Valence House and their gardens have closed to the public.
Healthy Lifestyles	We are moving a number of our healthy lifestyles services to phone referral and appointments. If a resident is an existing customer they can contact the team via email at healthy.lifestyles@lbbd.gov.uk or on the phone on 020 8724 8018.
Community Music	Our community music service has closed.
The Town Hall	The Town Hall is now closed to the public, but any queries can be made by phone as normal on 020 8215 3000.

